

# Terms of Reference

## AN E-COURSE ON LSBE AND SRHR

### Organizational Introduction:

Idara-E-Taleem-O-Aagahi (ITA) was established in 2000 to address the complex crisis of education across Pakistan from early years to adulthood across sub-sectors. ITA is deeply invested in and committed to the Constitutional Fundamental Rights - article 25 A and SDGs 2030 particularly SDG 4 and SDG 5. For ITA, Gender is a cross cutting challenge as it lies at the intersection of class, geography, cultural norms and structural constructs. ITA's work since 2000 has entailed an iterative engagement with service delivery, capacity building, research and nationwide advocacy for policy and legal amendments for public good. It works nationwide through large scale learning and household surveys (ASER/ELP) with over 10,000 young volunteers and over 20 CSOs annually that inform action; It has worked extensively for child rights and women's rights as human rights. ITA has always been evidence driven to influence policy and actions.

### Background:

Pakistan has the largest population of youth ever recorded in history, according to a comprehensive National Human Development Report 2018 (NHDR) report [1] launched by UNDP. Young people account for 64% of the total population of Pakistan which is the highest it has ever been in the history of the country. However, 29% of the population belongs to the age bracket of 15 to 29 years old [2]. If the youth of Pakistan is managed well in their most productive years, this will create a demographic dividend. Pakistan has 51.7 million people aged 9-19 (25.50%) and 37.3 million people aged 20-30 (18.40%).

*Source: Calculated from PSLM 2019 micro data; Pakistan Housing Census 2017 summary report; It doesn't consider AJK, GB, FATA and Transgender*

Idara-E-Taleem-O-Aagahi (ITA) is implementing a project entitled, "Get Up Speak Out – GUSO" in District Lahore. GUSO is a 5 years' project that aims to work towards Life Skills Based Education (LSBE), Sexual and Reproductive Health and Rights (SRHR), adolescents and youth empowerment, and gender equality.



GUSO project intends to build the capacity of youth regarding LSBE and SRHR and to provide a safe and bold space for youth where they can voice their opinion. In Pakistan total of 55% population of the population resides in rural areas; therefore, it is of vital importance that young people from rural and urban areas be engaged and work together where they can take forward their agenda together.

[1] <https://www.pk.undp.org/content/pakistan/en/home/library/human-development-reports/PKNHDR.html>

[1] <https://propakistani.pk/2018/05/04/pakistan-has-the-largest-percentage-of-young-people-in-its-history/>

### **GET UP SPEAK OUT (GUSO)**

Get Up, Speak Out is a unique and strong concept that tackles several levels at once. It focuses on strengthening the individual capacity of young people and at the same time improves the (availability of) sexual and reproductive health services and referral system to these services.

#### **Focusing on:**

- Sexual and Reproductive Health and Rights (SRHR)
- Meaningful Involvement of Young People
- Partnerships

#### **Young people for sustainable development and change**

The world is home to 1.8 billion adolescents - some 88% reside in developing countries. Not long ago, young people were considered passive recipients of knowledge and services. This changed in December 2003; when the UN General Assembly adopted a resolution on youth involvement. Today, there is a strong drive to involve young people as partners for change.

#### **Harnessing the power of inclusive partnerships**

The five-year partnership commits to:

- **Strengthening cooperation within and across national, regional and international levels** to undertake concerted advocacy for a progressive and inclusive SRHR agenda; and
- **Advocating and holding governments accountable for their adoption of progressive and inclusive policies** (and budgets thereof) for the implementation of comprehensive sexuality education and youth-friendly SRH services, including safe abortion.



**Objectives of the assignment:**

- Enhance capacity building of youth by engaging them in an E-course on life skills-based education and Sexual and reproductive health and rights, influencing/lobbying, and campaigning
- Ensure meaningful youth participation at various levels of influencing and leadership
- Ensure equipping youth with proper skills and tools to spread awareness regarding LSBE and SRHR.
- Engage youth in a way they understand the importance of health-based awareness and connect with people and voice their opinions.
- Engage youth in influencing and lobbying activities using social media and offline channels concerning LSBE and SRHR.
- Capacitate youth for social actions for the betterment of their communities.

**Scope of the assignment:**

The primary objective of the assignment is to deliver 1 activity which is an E-course for Youth on life skills-based education, Sexual and Reproductive Health and Rights, Gender mainstreaming and leadership, influencing/lobby/campaigning skills, and how to take social initiatives. The consultant will develop manual and finalize the delivery of training. The consultant will design and organize the E-course.

The Consulting firm will deliver the following;

- Develop the course module, organize and deliver activity virtually.
- Design and deliver an E-course with youth
- Compile Learnings and insights which can guide the GUSO Project
- Develop a mentorship trajectory to provide guidance for youth on SRHR issues
- Produce a well written and comprehensive progress report and final report

The details of an E-course Is as following;

Ln#	Description of Activity	Deliverables
1	E-course for Youth	<ul style="list-style-type: none"><li>○ The consultant will develop the <b>Module</b> for an E-course on LSBE and SRHR for youth.</li><li>○ <b>Recording</b> of the E-Course</li><li>○ <b>Evaluation</b> Sheets</li><li>○ Progressive &amp; Final <b>Report</b></li></ul> Number of participants: 25



		Number of Course: 1 Duration per training: 3 Weeks (2-3 Days a week) Location: Lahore
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## **Requirements**

### **Target Audience:**

25 diverse youth (male and female) between age 18 to 29 years including youth from different religious and sexual backgrounds. The sessions will be held virtually, in Lahore.

### **Methodology**

- The E-course is intended to deliver by employing interactive tools.
- The consultant will work in close collaboration with ITA
- Due to COVID-19 crises, these two activities will be conducted virtually.
- ITA will select and provide the list of selected Participants to the consultant.

### **Required skills and competencies**

- Minimum 5 years of experience in conducting training and content development
- In-depth understanding of Life Skills Based Education (LSBE), Sexual and Reproductive Health and Rights (SRHR), Gender issues, government policies affecting youth and meaningful youth engagement.
- Excellent and proven writing skills

### **Financial:**

The payments will be made in following installments:

- 25% initial payment on the submission of module and work plan.
- 25% upon the completion of an E-course
- 25% upon the submission of Activity Report and other Deliverables
- 25% upon submission and satisfactory approval of final report of an E-course.



**Timeline:**

The consultant will complete the assignment within the month of September 2020.

Preliminary meeting with ITA	August 30 <sup>th</sup>
Submission of training modules and work plan	September 5 <sup>th</sup>
Completion of an E-course	September 20 <sup>th</sup>
Submission of Final Report	September 23 <sup>rd</sup>

**Guidelines for proposal submission.**

All proposals should reach the following address in a sealed and signed official envelope, no later than 5PM (Pakistan Standard Time) on 28<sup>th</sup> August 2020:

ITA is an equal opportunity employer. Women, persons with disabilities, persons from different religions, and transgender with relevant qualifications are encouraged to apply.

**Manager Admin****Idara-e-Taleem-o-Aagahi (ITA)****1/A Canal Park, Gulberg II, Lahore**

For any clarifications regarding this call for proposal, you may contact Qazi Ehsanullah at [gazi.ehsan@itacec.org](mailto:gazi.ehsan@itacec.org)

For general queries, you may reach us at our phone number (+92) (42) 35711107-9

