

Waseema Sheikh, M.D. M.P.H.

waseemabokhari@hotmail.com

560 Wellesley St; Weston. MA.

Phone: 508-498-5205

CERTIFICATIONS

2005	American Board of Internal Medicine Recertification
1995	American Board of Internal Medicine Certification
1990	Board of Registration in Medicine. MA.
1986	F.L.E.X. Certification
1985	Masters in Public Health. Harvard University.
1983	Visa Qualifying Exams, Part 1 & 2
1982	E.C.F.M.G. Certification
1980	M.B.B.S. Punjab University. Pakistan.

WORK EXPERIENCE

Jul 1990---Oct 2005

Physician & Clinical Instructor. Harvard University. Cambridge.

Full-time PCP & Instructor at Harvard Medical School until 1993. Stayed on as Active Staff and worked part-time at Harv.Univ. Hlth Services until 2005.

Received high commendations from the Chief Administrator, Chief of Medicine, Head of Nursing, colleagues and patients for excellent communication skills, strong commitment, exceptional flexibility, positive attitude and for 'going the extra mile' to provide special, individualized care for every patient.

Jan 1994---May 1997

PCP. Newton-Wellesley Hospital's Walk-In Clinic. Waltham.

Marriage and relocation initiated my career at NWH which is listed as one of the Top 100 Hospitals in USA. Here, I continued to treat patients belonging to a diverse community.

Jun 1997---Feb 2002

Medical Director. N.W.H. Primary Care Centre. Waltham.

Promoted, after 2 yrs at NWH, to manage 8-12 Physicians, Med-students, Staff personnel and Financials in their satellite clinic at Waltham. 3 yrs later, in June 2000, I took over this enterprise as my private practice.

Oct 1997---Feb 2002

Assistant Clinical Professor. Tuft's Medical School. Medford.

Taught and gave written evaluations to 3rd and 4th year medical students rotating at the Waltham Primary Care centre. I thoroughly enjoyed teaching med-students and encouraged them to conduct research on topics of mutual interest and practical significance.

Oct 1998---Oct 2004

School Physician. Chapel Hill-Chauncy Hall School. Waltham.

Supervised and assisted school nurses providing preventive and acute care to 174 students. This prestigious private school is geared towards children who are 'academically challenged' due to associated health conditions. I also established guidelines and health policies for this institution for six years.

Nov 2002---Dec 2004

PCP. Newton-Wellesley Family Practice. Framingham.

Worked part-time in an outpatient setting to serve local immigrants hampered by language and cultural barriers.

Oct 2005---Present

Committed Community Physician

Due to severe financial problems facing all PCPs, especially those working part-time, I've been working from my own home to help people who don't have insurance. My Board Certification, CME, active license and DEA# are all up-to-date. I'm very active in my neighborhood, at the local cultural and religious institutions, as a doctor and facilitator of diversity and tolerance. I give talks in my hometown and write regularly for the Pakistani Physician's organization, Pakistani Cultural Society and Islamic Center of Boston on issues promoting Health & Happiness.

EDUCATION

Residency Training

The Cambridge Alliance, Cambridge. MA.

Internal Medicine Program -**July 1987 to June 1990** - with Rotations at M.G.H. and Harvard University Health Services.

University of Wisconsin, Milwaukee. WI.

Completed two years of Family Practice Residency at Kenosha, **July 1985-June 1987**, before joining the Cambridge Alliance.

Lady Willington Hospital, Lahore. Pakistan

Completed a six-month internship at this historic women's institution conducting normal deliveries, D & C and assisting C- sections.

Masters in Public Health

Harvard University, Boston.

Concentrated on programs for improving the health of people on a shoe-string budget in Developing Nations. **September 1984 -June 1985.**

Medical Research

The New England Hospital, Boston. MA.

Worked on investigating anti-Ro and anti-La antibodies in patients with Rheumatoid Arthritis with Dr. Vincent Agnello - **1982 to 1984.**

Pursuit of Happiness

Transition issues in USA

After graduating from Fatima- Jinnah Medical College at Lahore, I came to USA alone (**1981**) to circumvent archaic family traditions. The next few years were devoted to 'the pursuit of happiness' i.e. in finding and securing a job (Research on Rheumatoid Arthritis, **1982**), adjusting to various living arrangements, coping with immigration hurdles and taking exams for training and visa-qualification (**1983**). My green card application prohibited me from joining a residency training program (with a temporary J-1 visa) until I obtained a Green-Card in **1985**.

OTHER INTERESTS/ACTIVITIES

- ❖ **TEACHING self-improvement courses to community members**
- ❖ **RAISING my kids to become self-reliant, philanthropic human beings**
- ❖ **VOLUNTEERING for senior citizens, neighbors, the homeless and gypsies**
- ❖ **SUPPORTING boy-scout and local drama workshops for teenagers**
- ❖ **ORGANIZING interfaith meetings for promoting peace**
- ❖ **WORKING IN PAKISTAN for ITA (Centre for Education and Consciousness), an NGO rehabilitating the health of public school children and the entire school community.**

REFERENCES

Dr. David Rosenthal

Director & Chief of Administration

Harvard University Health Services
75 Mount Auburn Street
Cambridge, MA.

Dr. Erica Johnson

Chair of Physician Health Organization and Credentialing

Newton-Wellesley Hospital
2014 Washington Street
Newton, MA 02462

PHONE: 617-243-5439

Dr. Henry Mereola

Medical Director

Waltham Medical Center
808 Main Street
Waltham, MA 02451

PHONE: 781-894-8200

Dr. David Bor

Ex-Director of Residency Training

The Cambridge Alliance
1493 Cambridge Street
Cambridge, MA 02139

